



Hello Lab and Museum Community,

We're excited to announce LMU's (Lab Museum United) rollout of this special spring sports season.

If you are interested in joining a team, you must complete this [LMU Spring 2021 Survey](#) by **this Thursday, March 25th.**

Later this week, coaches will reach out to athletes and families with information for Virtual Interest Meetings and first meeting dates.

Please carefully review the following:

1. **PSAL Spring Schedule**
2. **Spring LMU Sports Offered**
3. **Required Forms**
4. **Student Eligibility & Covid Testing Requirement**
5. **PSAL Health & Safety Overview**

1. **PSAL Spring Schedule**

Beginning the week of April 5th, PSAL teams will resume a three-phased, in-person restart of outdoor sports teams:

- April: strength and conditioning sessions and workouts
- May: traditional practices and drills
- May/June: PSAL Games

2. LMU Spring 2021 Sports

To ensure the health and safety of our athletes and coaches, and following all NYCDOE policies pertaining to health and safety, as well as limitations regarding building and room capacity, (including but not limited to rotating days and times between groups/teams), we are will be offering the following team sports for this Spring:

- **Cross Country (coed)**
- **Soccer (boys)**
- **Soccer (girls)**
- **Baseball (boys)**
- **Softball (girls)**
- **Flag Football (girls)**
- **Girls Basketball**
- **Boys Basketball**
- **Coed Golf**
- **Girls Tennis**

3. Required Forms

All student-athletes must submit the following forms BEFORE attending any in-person meetings (please email a digital copy and bring the original paperwork to practice): Please email these 3 forms to: LMUforms@nyclabschool.org

1. [Pre-Participation Sports Physical Examination Form](#)
2. [Parental Consent Form](#) (must be signed, dated & initialed by a parent after each line)
3. [NYC DOE Consent Form for COVID-19 testing](#) (this is MANDATORY)

4. Student Eligibility & Covid Testing (PSAL Rules)

All students are eligible to participate provided they meet the following criteria (from PSAL):

- Due to scheduling conflicts, and health and safety protocols, **students can only participate in one sport** during this truncated sports session
- **All players and coaches will be subject to regular testing aligned to [NYDOE testing policy](#). Remote students must consent to COVID-19 testing.** Additional guidance on testing forthcoming
- Enrolled full-time (enrolled during first 15 days of semester in at least three courses) including in-person, blended, and remote learners
- Student submits medical and interval health forms, parental consent form, and consent to COVID-19 testing form

- Must be marked present in their selected learning modality on a given day to participate in PSAL activity

5. PSAL Health & Safety

Programs must adhere to the Core 4:

1. **Stay Home When Sick** – All participants need to take care to refrain from attending PSAL activities when feeling unwell
2. **Facial Coverings** – In accordance with New York State Department of Health guidance, players must wear acceptable face coverings, unless players are unable to tolerate a face covering for the physical activity (see guidance on mask breaks). Coaches, trainers, and other individuals who are not directly engaged in physical activity are required to wear a face covering.
3. **Physical Distancing** – Physical distancing of at least 6 feet between individuals must be enforced all times outside of the field of play.
4. **Hand Hygiene** – Washing hands for 20 seconds with soap and water is preferred. When soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used.

Sincerely,

Brooke Jackson (NYC Lab Principal)
Joel Lowy (NYC Museum Asst. Principal)
Jason Koch (NYC Lab Asst. Principal)
LMU Athletic Directors Henry Reyes and Michelle Eisenbe